



## Open 10 Mile Time Trial

Sunday 6 June 2021 at 15:00

Course: H10/17R

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*The event is being run for and on behalf of Cycling Time Trials under their rules and regulations*

### Event Secretary

Claire Emons  
Lorien, Tile Barn  
Woolton Hill  
Newbury  
Berkshire RG20 9XE

### Event Headquarters

Buckland Memorial Hall  
Orchard Road  
Buckland  
Oxfordshire, SN7 8QT

**Timekeepers:** Bob Lyle (Newbury RC) and Ian Lakey (Newbury RC)

**Assistant Timekeeper:** William Emons (Newbury RC)

**On the day organiser:** Claire Emons (Newbury RC): 07733 272826

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### SIGN ON – BUCKLAND MEMORIAL HALL

It is compulsory for all riders to sign on **AND sign out**. Numbers will be available at the event headquarters at Buckland Memorial Hall which will open from 2:00pm. Note that parking at the event HQ is limited so please park well in the car park and be respectful to locals within the village. If the car park is full there is parking on the road near the start

### TURBOS

Use of turbos in the village or at the hall is prohibited. Please either warm up on the road or park away from the village if you wish to warm up on a turbo.

### TOILET FACILITIES

There are toilet facilities at the HQ please observe social distancing and hand hygiene at all times.

### REFRESHMENTS

Sadly we are unable to serve tea and coffee after the event but as with all of our club events there will be wrapped cake available for you to enjoy when you return your numbers and sign back in, donations will be greatly appreciated and this year this event is supporting Thames Valley Air Ambulance. We will be happy to take cash donations on the day but if you wish to use the link its here

<https://www.justgiving.com/fundraising/NRCOPEN10>

**Newbury Road Club  
Time Trial Competitor Information  
Events during COVID-19**

<b>1</b>	<b>Competitors should not attend if they feel ill in ANY way or if family members or other close contacts have any symptoms or have tested positive for the virus.</b>
<b>2</b>	<b>Competitors must be conscious of the need for Social Distancing at all times and must not congregate into groups. If queuing for sign-on, competitors must maintain a minimum distance of 2m from other individuals. There will be no markings at the sign-on or at the start, competitors should be used to maintaining 2m and we trust them to act responsibly.</b>
<b>3</b>	<b>Signing-on will be open from 2pm . Please do not arrive any earlier than necessary. Competitors are requested to wear a face covering at sign-on.</b>
<b>4</b>	<b>Race numbers will be placed onto the table for the rider to take once they have signed on. Please only handle your number.</b>
<b>5</b>	<b>Hand sanitizer will be available at signing-on.</b>
<b>6</b>	<b>Competitors will be provided with a number but must provide their own pins if required.</b>  <b>Please return your number in the bin provided</b>
<b>7</b>	<b>Competitors should be conscious that the HQ is in a village and we request that riders are respectful of the local residents, please park considerately at the Village Hall and in surrounding areas.</b>
<b>8</b>	<b>Turbo trainers or other static devices must NOT be used at the village Hall or in the village. Any warming up should be done on the road and turbos may only be used in areas away from the Village. Once the race has started please make sure you do not pass the start when warming up</b>
<b>9</b>	<b>Competitors should aim to arrive at the start no more than 3 minutes before their start time. When waiting to start competitors should maintain a distance of at least 2m between themselves and other competitors front and rear.</b>
<b>10</b>	<b>Competitors will not be held or pushed-off. They must start themselves from a 'foot down' position. No rolling starts.</b>
<b>11</b>	<b>Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST pack away and leave immediately upon completion of the race.</b>
<b>12</b>	<b>Results will be published as soon as possible on the club website and Facebook page.</b>
<b>13</b>	<b>No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.</b>

<b>14</b>	<b>It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event.</b>
<b>15</b>	<b>Any rider found not to be following these instructions may be excluded from future events.</b>

## PRIZES

### NOTE ONE RIDER ONE PRIZE (EXCEPT FOR THE TEAM PRIZE)

Scratch Men:           1st:     £40  
                               2nd:     £30  
                               3rd:     £20  
                               4<sup>th</sup>     £10

Scratch Ladies:       1st:     £40  
                               2nd:     £30  
                               3rd:     £20  
                               4<sup>th</sup>     £10

Vets on standard:     £10 per winner in each age category  
                               40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84

Tandem                 1<sup>st</sup>       £40 (£20 per rider)

Team of 3               1st:     £10 per rider

## COURSE DETAILS

<b>H10/17R A420 Kingston Bagpuize to Tubney Wood and return (Revised July 2006)</b>		
<b>OS Ref</b>	<b>Description</b>	<b>Dist</b>
371975	START at the corner of the lane from Hinton Waldrist about 5 yards south of the "Give Way" signs and in line with the north edge of the metal manhole cover in the centre of the lane. Bear left along the slip road to join the A420 eastbound. (Great care when joining A420 and give way to traffic from the right.)	0
407986	Proceed eastwards along A420 onto the dual carriageway by-pass and continue to the roundabout with the A415. (Care of traffic crossing on A415) Take the second exit to continue straight on along A420 after the by-pass towards the next dual carriageway section in Tubney Wood	2.428
451007	On approaching the Tubney Wood roundabout with the A338 look behind, signal and move into the outside lane (Care) to TURN around the roundabout and take the third exit to return westwards on A420	5.660
407986	Continue to the Kingston Bagpuize by-pass and on to the roundabout with the A415 (Care of crossing traffic) and take the second exit to remain on the A420	8.899
389980	FINISH, still on the A420 dual carriageway bypass, beside the first drain in the layby, 29 yards west of and beyond the large sign at the extreme eastern end for the crossroads to Charney Basset and Longworth, 70 yds east of the footpath steps in the middle of the layby and 537 yds short of crossroads.	10

**NOTES:** The A420 is a clearway and no parking is permitted on this road or on its verges. The course is a mixture of single and dual carriageway with traffic limited to 50 mph on all the single carriageway stretches.

### District regulations applicable to all events

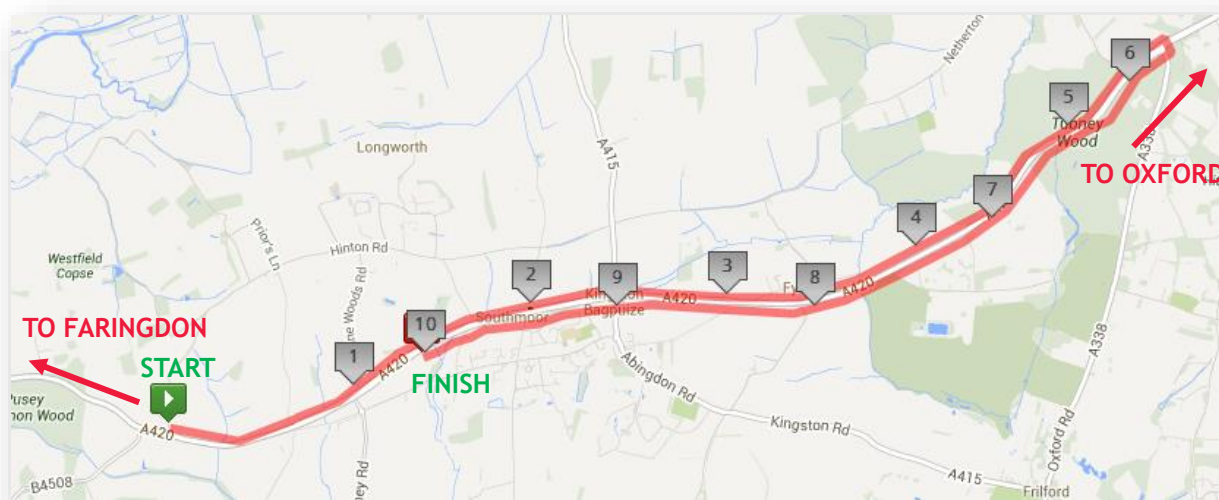
**LWDC 1** All breaches of Local Regulations shall be reported in writing to the District Secretary.

**LWDC 2** No vehicles, with the exception of the Timekeepers' or Timekeepers' Assistant shall be parked in the vicinity of the Start or Finish points.

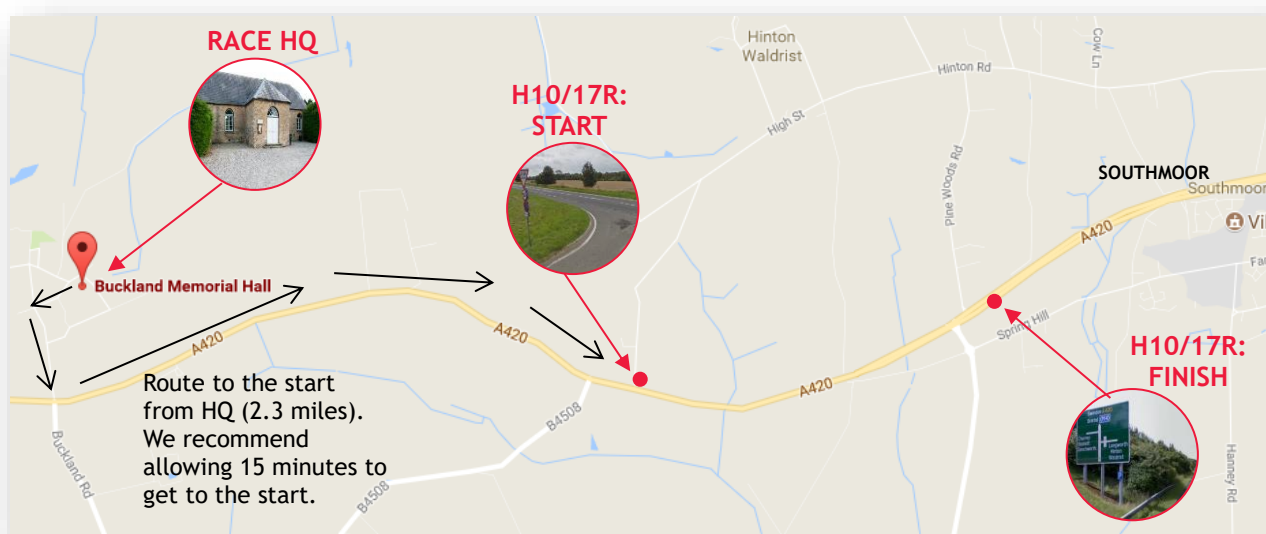
## SAFETY

- Always give priority to traffic from your right when negotiating roundabouts.
- Signal clearly to other road users the course you intend to take.
- Safety – not your performance – is the first priority at all times.
- CTT regulations require competitors under 18 years of age to wear a helmet of hard/soft shell construction and recommends the use helmets by all other competitors

## COURSE MAP



## HQ TO THE START

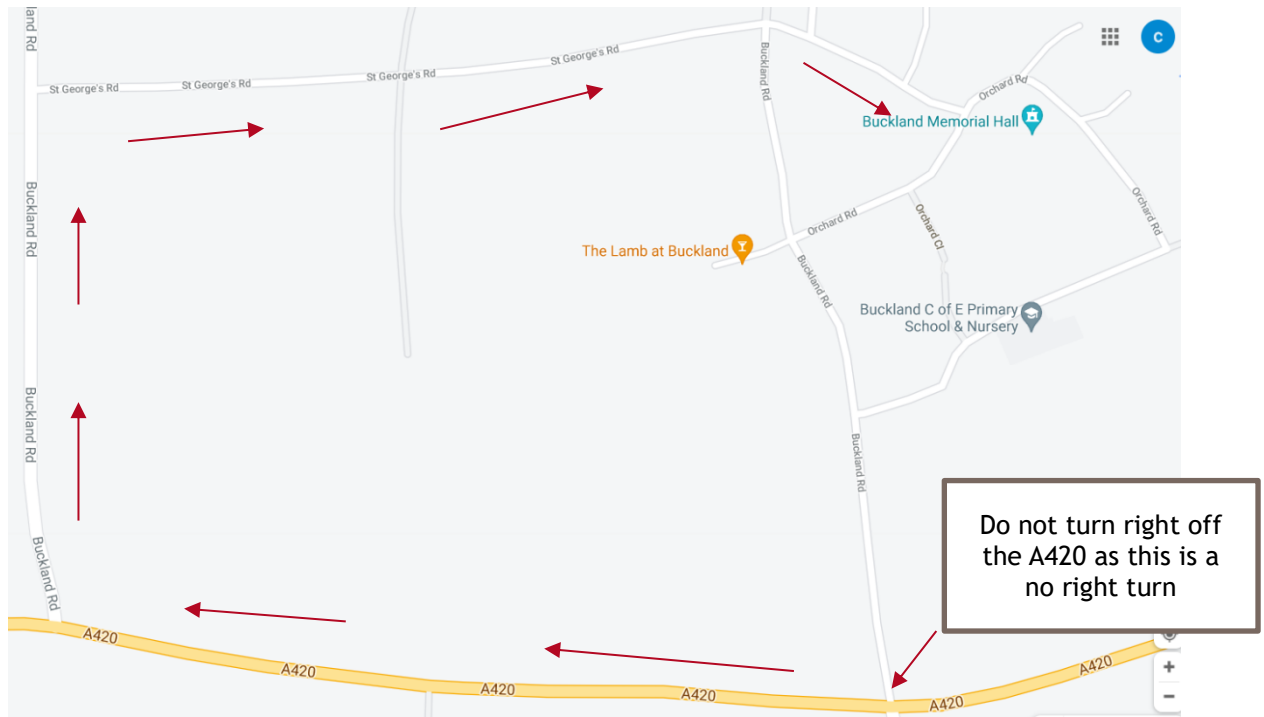


### Getting to the start from HQ

Turn left out of HQ onto Orchard Road and when you get to Buckland Road (which leads to the A420) turn left. Follow the road to the junction with the A420 and turn left (CARE). Follow the A420 for approximately two miles until you get to the junction where the start is located (signposted Hinton Waldrist and Longworth). If you are early, you can ride up and down this minor road to stay warm.

### Getting to the HQ from the race finish

After passing the finish, continue down the A420 and take the 2<sup>nd</sup> Left into Buckland Road, then right into St Georges Road, the slight right onto Orchard Road back to the HQ (Please do not retrace the route you made to the start as there is a no right hand turn into Buckland Road from the A420 . (see map below for route back to the HQ)



# START SHEET

Time	Nos	Name	Club	Vets Std
15:01	1	Cliff Voller	Newbury RC	29:19
15:02	2	Hilary Walker	Serpentine Running Club	31:36
15:03	3	Susan Oldham	Bicester Millennium CC	30:08
15:04	4	Jan Farmer	Serpentine Running Club	31:58
<b>15:05</b>	<b>5</b>	<b>Teresa Robbins</b>	<b>Reading CC</b>	29:18
15:06	6	Samantha Messenger	Bicester Millennium CC	29:18
15:07	7	Rosslyn Young	Serpentine Running Club	33:52
15:08	8	Rachel Green	Cheltenham & County Cycling Club	30:23
15:09	9	Hannah Makins	Mickey Cranks Cycling Club	29:02
<b>15:10</b>	<b>10</b>	<b>Jo Buckland</b>	<b>FTP (Fulfil The Potential) Racing</b>	29:48
15:11	11	Joy Payne	High Wycombe CC	31:06
15:12	12	Yasmeen Mahmoud	Viceroy's Triathlon Club	
15:13	13	Kieran Boyd	Reading CC	26:10
15:14	14	Craig Jackson	London Dynamo	
<b>15:15</b>	<b>15</b>	<b>Andy Tucker</b>	<b>Newbury Velo</b>	26:46
15:16	16	Stu Carver	North Hampshire RC	27:18
15:17	17	Nigel Brown	Newbury Velo	26:32
15:18	18	Alan Harris	VTTA (London & Home Counties)	26:56
15:19	19	Chris Grimble	Stowe School Cycle Club	26:36
<b>15:20</b>	<b>20</b>	<b>Andy Lack</b>	<b>Paceline RT</b>	27:01
15:21	21	David French	Weybridge Wheelers	26:41
15:22	22	Ollie Pennington	1st Chard Wheelers	
15:23	23	Jack Smy	Army Cycling	
15:24	24	Wei Yau	Newbury RC	26:46
<b>15:25</b>	<b>25</b>	<b>Robbie Massey</b>	<b>Viceroy's Triathlon Club</b>	
15:26	26	Alan Allcock	Didcot Phoenix CC	28:39
15:27	27	Lee Beckford	Reading CC	
15:28	28	Thomas Lattimore	Vector Cycling Race Team	
15:29	29	Brian Lewis	Bicester Millennium CC	32:38
<b>15:30</b>	<b>30</b>	<b>Jack Roe</b>	<b>London Dynamo</b>	
15:31	31	Steve Bray	FTP (Fulfil The Potential) Racing	26:56
15:32	32	Gavin Draper	North Hampshire RC	26:32
15:33	33	James Hunt	Oxonian CC	26:23
15:34	34	Peter White	VC 10	28:30
<b>15:35</b>	<b>35</b>	<b>Tim Lewis</b>	<b>Ful-on Tri</b>	26:19
15:36	36	Charles Salt	Newbury Velo	26:10
15:37	37	David Yates	High Wycombe CC	27:51
15:38	38	Paul Whitehouse	Banbury Star Cyclists' Club	
15:39	39	Mitchell Webster	Royal Air Force Cycling Association	
<b>15:40</b>	<b>40</b>	<b>David Holland</b>	<b>Cowley Road Condors CC</b>	
15:41	41	Gary Pamment	CC Sudbury	26:51
15:42	42	Philip Porteous	High Wycombe CC	27:58
15:43	43	Roger Taylor	Frome and District Wheelers	30:20
15:44	44	Robert Jolliffe	New Forest CC	28:58
<b>15:45</b>	<b>45</b>	<b>Christopher Edginton</b>	<b>ZeroBC Race Team</b>	27:18
15:46	46	Duncan Jensen	Paceline RT	26:06
15:47	47	Matthew Bailey	University of Birmingham Cycling Club	
15:48	48	Alec Leslie	Team Zero-Allez	
15:49	49	Bob Brabbins	VTTA West Group	31:05
<b>15:50</b>	<b>50</b>	<b>James Churchard</b>	<b>Reading CC</b>	26:23

15:51	51	James Schofield	Cowley Road Condors CC	
15:52	52	Graham Morrison	Newbury RC	26:41
15:53	53	Jorj James	LFGSS CC	27:18
15:54	54	Simon Halson	Pankhurst Cycles	27:24
<b>15:55</b>	<b>55</b>	<b>John Franklin</b>	<b>Twickenham CC</b>	
15:56	56	Dave May	Bicester Millennium CC	26:36
15:57	57	Gavin Mitchell	Twickenham CC	
15:58	58	Robert Latchem	Somer Valley Cycling Club	30:35
15:59	59	Bill Smith	Team Zero-Allez	
<b>16:00</b>	<b>60</b>	<b>Angus Hawkins</b>	<b>Spirit Tifosi RT</b>	
16:01	61	Adrian Talley	Portsmouth North End CC	26:41
16:02	62	Barrie Whittaker	Lyme Racing Club	28:22
16:03	63	Tim Doole	Cowley Road Condors CC	
16:04	64	Ian Marshall	Bicester Millennium CC	27:07
<b>16:05</b>	<b>65</b>	<b>Graham Harman</b>	<b>Sotonia CC</b>	26:51
16:06	66	Tom Burnley	Thames Velo	26:06
16:07	67	Josh Newbould	Banbury Star Cyclists' Club	
16:08	68	Alex Bath	Team Zero-Allez	
16:09	69	Philip Strongman	Oxonian CC	27:30
<b>16:10</b>	<b>70</b>	<b>Robert West</b>	<b>AeroCoach</b>	26:32
16:11	71	Stuart Martingale	Sotonia CC	27:07
16:12	72	Mike Logue	ZeroBC Race Team	27:12
16:13	73	Brian Jones	Morden CRC	29:19
16:14	74	Martin Balk	3C Cycle Club	27:58
<b>16:15</b>	<b>75</b>	<b>Michael Bennett</b>	<b>Bicester Millennium CC</b>	27:01
16:16	76	Richard Llewellyn	Imperial Racing Team	26:36
16:17	77	Oliver Berney	Utag RT	27:01
16:18	78	Tom Woollard	Northover VT / Rudy Project / SCS	30:20
16:19	79	Ed Hoskin	Mickey Cranks Cycling Club	27:12
<b>16:20</b>	<b>80</b>	<b>Richard Harrison</b>	<b>DRAG2ZERO</b>	26:19
16:21	81	Liam Maybank	Twickenham CC	26:46

#### TANDEMS

Time	Nos	Name	Club
16:23	83	Hannah Newman	Westerley Cycling Club
		David Newman	Westerley Cycling Club
16:25	85	Peter Oliver	ZeroBC Race Team
		Mark Cox	ZeroBC Race Team
16:27	87	Ian Greenstreet	Newbury Velo
		Rachael Elliott	Newbury Velo